



2545 West 26<sup>th</sup> Street  
Erie, Pennsylvania 16506  
[www.sightcenternwpa.org](http://www.sightcenternwpa.org)  
Ph: 814-455-0995

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## Press Release

**For Immediate Release**  
**November 12, 2016**

**For more information please contact:**

Amy Bovaird, local author

Cell: 814-431-4266, [abovaird@verizon.net](mailto:abovaird@verizon.net)

Shannon Wohlford, Marketing Director – Sight Center

Cell: 814-440-5435, [ShannonW@SightCenternwpa.org](mailto:ShannonW@SightCenternwpa.org)

### ***Cane Confessions*** ***The Lighter Side of Mobility***

Erie, PA – On Tuesday, November 15<sup>th</sup>, local author Amy Bovaird will release her latest book, *Cane Confessions – The Lighter Side of Mobility*. Having learned to manage life with a visual impairment, Amy's book shares her personal experiences of daily triumphs and challenges maneuvering life with a visual impairment. Diagnosed with Retinitis Pigmentosa at the age of 28, Amy used her love of writing to explore her own feelings about vision loss and connect with others in similar situations. Using humor and personal stories, Amy's tales hope to inspire others to live an abundant, positive life!

The book release will be held on Tuesday, November 15<sup>th</sup> at LifeWorks Erie, 406 Peach Street from 6-8 pm. The event will feature several presenters, music, refreshments and more. Amy will have her book available for purchase and will personally sign copies that evening. The event is free and open to the public.

For more information, contact Amy Bovaird directly at 814-431-4266 or visit her website at [www.amybovaird.com](http://www.amybovaird.com)

The Sight Center of NW PA's mission is to prevent blindness and promote independent for those with vision loss. We are excited to support Amy Bovaird's efforts to educate our community about the day to day challenges experienced by those living with an eye disorder.