



Amy
BOVAIRD

Author | Inspirational Speaker

**MEDIA KIT
2019**

Amy BOVAIRD

SPEAKING TOPICS:

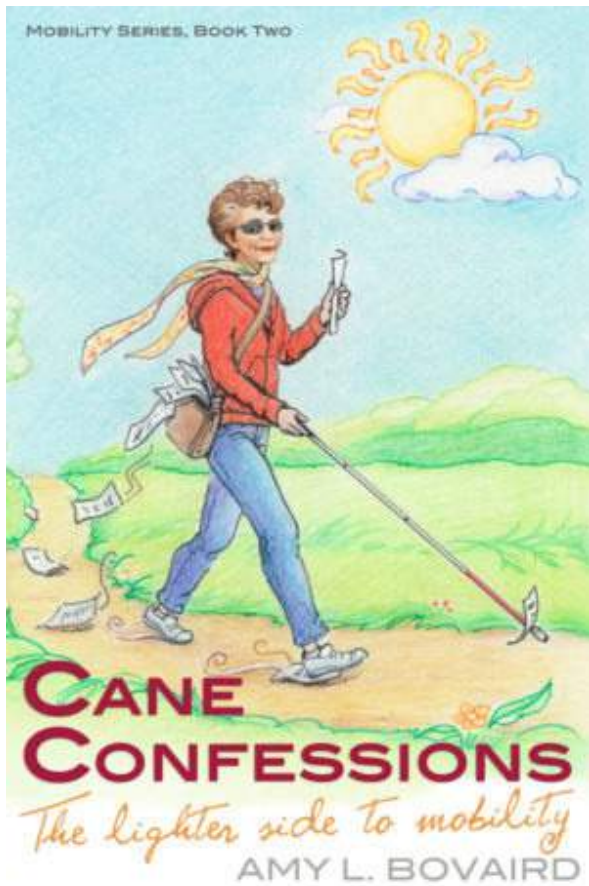
- **SIX LESSONS GOD TAUGHT ME THROUGH GRIEF**
- **COPING WITH VISION AND HEARING LOSS**
- **BUT YOU DON'T LOOK BLIND!**
- **BEING A VISION-IMPAIRED CAREGIVER**
- **DEALING WITH LOSS IN PREGNANCY**
- **A FUJI-FAITH**
- **INTERFAITH, INTERCULTURAL MARRIAGE**
- **CULTURE MANIA**
- **MEMOIR WRITING**

FOR BOOKING AMY, CONTACT:

814.324.1199

www.AmyBovaird.com

Amy@AmyBovaird.com



MOBILITY SERIES:

MOBILITY MATTERS | CANE CONFESSIONS

As the author of the Mobility Series, Bovaird uses personal experiences, faith and practical tips in her presentation "Thriving With Vision and Hearing Loss"

One of the important tools for coping with adversity is attitude and Bovaird uses plenty of humorous anecdotes to illustrate her points. Bovaird doesn't just speak. She involves the participants so that it's a two-way sharing.

A few of the topics she will address:

- Diagnosis—from denial to acceptance
- Faith, optimism and a positive attitude
- Humorous anecdotes of coping
- Practical tips for maximizing remaining vision

Whether you're vision-impaired or hard of hearing or you're interested in learning more about vision and hearing loss, Bovaird's presentations will give you the insights and the tools to move forward and reach out to others.

REVIEWS | TESTIMONIALS

"These books are not only for those going through the hallway of vision loss but also for each family member or anyone who loves someone losing their vision. Her books have left me thinking I will now call canes 'power sticks!'" - **Michael Benson, Founder Visual Experiences Foundation**

"Bovaird is gifted at writing personal experiences, keeping the mood warm and the action fast-paced." - **Kimberly Rae, Amazon bestselling author of the Sick and Tired series and the Stolen series**

"Amy Bovaird is a dynamic speaker that will engage your audience of any age or culture. Her love for God and the lessons she has learned in her life's journey are captivatingly expressed through stories of both victory and defeat. Wit and humor are creatively interwoven through the experiences of personal and spiritual fortitude... charismatic through and through." - **RoseMarie Lackey, Director of Missions Women's Connection Ministry, City Mission**

ABOUT THE AUTHOR

As an international traveler and teacher, Amy was diagnosed with a dual disability— progressive vision and hearing loss due to Usher Syndrome— but continues to pursue her passions: running, hiking and traveling. Amy is an accomplished public speaker on a variety of topics based on her life experiences. She blogs about her challenges as she loses more vision and hearing but manages to find humor around every corner

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AUTHOR | INSPIRATIONAL SPEAKER: THRIVING WITH VISION LOSS



MOBILITY SERIES:

MOBILITY MATTERS | CANE CONFESSIONS

Author, Motivational Speaker, Ghostwriter and World Traveler, faith-based Amy Bovaird will bring energy and enthusiasm to your audience. One of the important tools for coping with adversity is attitude and Bovaird uses plenty of humorous anecdotes to illustrate her points. Bovaird doesn't just speak. She involves the participants so that it's a two-way sharing. In her signature talk, she speaks frankly on overcoming obstacles in vision and hearing loss. As a wife and mother, she faced devastating losses of twins, a miscarriage and her marriage. Bovaird has also weathered the losses of her father and sister to cancer. Through it all, she weaves tales of God's ministering and lessons through the peaks and valleys of her experiences.

POPULAR SPEAKING TOPICS:

- Six Lessons God Taught Me Through Grief
- Coping with Vision and Hearing Loss
- Dealing with Loss in Pregnancy
- Being a Vision-Impaired Caregiver
- Using Faith in Overcoming Obstacles
- Memoir Writing

REVIEWS | TESTIMONIALS

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-RoseMarie Lackey, Director of Missions Women's Connection Ministry, City Mission

"Bovaird is humorous, enthusiastic and in her element!"

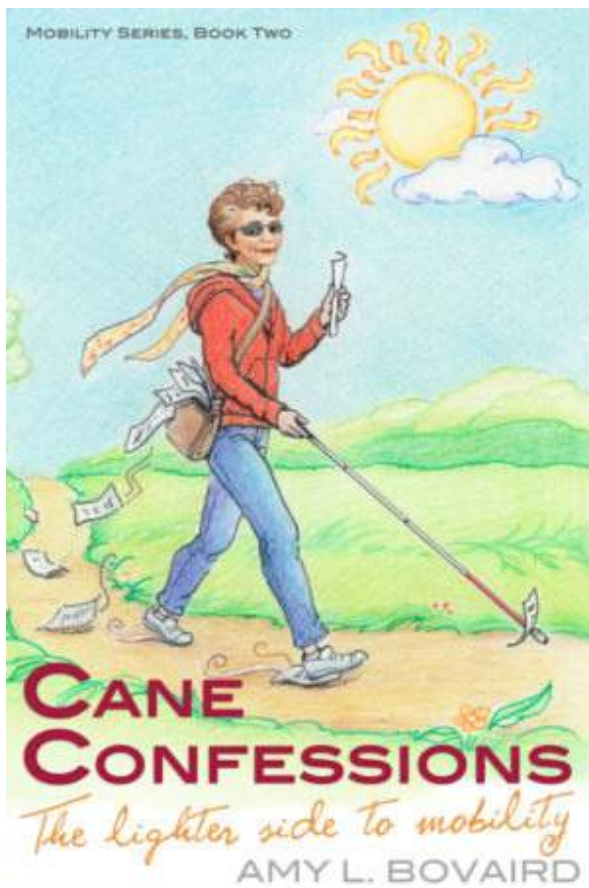
-Therese Wheaton, Leader Dog Chairperson for PA Lions Club 14-F

"Our church family thoroughly enjoyed Amy Bovaird's speaking. Her energetic and joyful style kept all who were at the service totally engaged in her faith testimony."

-Pastor Clyde Davis Girard Alliance Church

ABOUT THE AUTHOR

As an international traveler and teacher, Amy was diagnosed with a dual disability— progressive vision and hearing loss due to Usher Syndrome— but continues to pursue her passions: running, hiking and traveling. Amy is an accomplished public speaker on a variety of topics based on her life experiences. She blogs about her challenges as she loses more vision and hearing but manages to find humor around every corner



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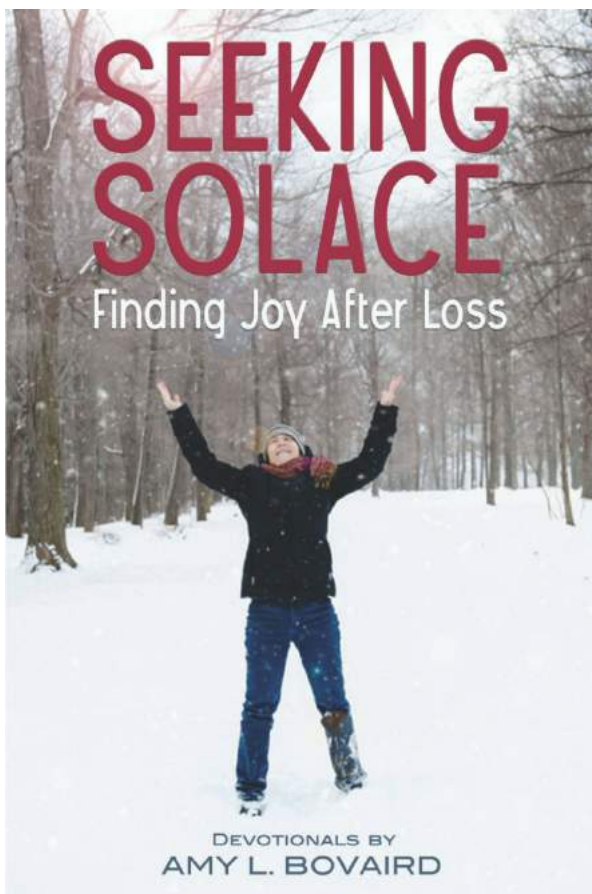
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THE MOBILITY SERIES

TIPS FOR VISUALLY IMPAIRED INDIVIDUALS



1. **Slow Down.** Take a few extra minutes to assess your surroundings and avoid potential accidents.
2. **Use consistent, strong (natural-type) lighting** throughout your house. Use floor or table lamps with bendable fixtures to minimize glare.
3. **Get honest.** Tell others how they can best help you.
4. **Carry a small, rechargeable flashlight** for dark areas and at night.
5. **Have specific areas for frequently-used items, such as your keys, wallet, checkbook, and purse.**
6. **Be pro-active with doctors, any changes in your vision and remain up-to-date on strides in medical advances.**
7. **Keep a positive outlook and a sense of humor about your life!**



SEEKING SOLACE

Finding Joy After Loss

Seeking Solace: Finding Joy After Loss is the book to read when you struggle with any loss or are trying to make sense of it afterward. Whether it's the loss of a family member, a marriage, a precious child, or another tragedy, Amy Bovaird offers hope and encouragement through her devotions and spiritual experiences.

Seeking Solace centers on relationships and the complex and often messy emotions that accompany the many facets of loss. Discover truth, gratitude, and a growing awareness of God's presence. Then wrap yourself in the solace of God's reassuring comfort.

TESTIMONIALS

"The delicate woman in these devotionals roars with the faith of a lion." -**Deborah Stanford, MA, Behavioral Health Counselor**

"Amy has woven God's Word through her reflections on a very difficult season of her life to share God's unfailing love to inspire us all." -**Patty, Leader RPer of Faith FB Group**

"Though my heart ached for Amy Bovaird as I read her words, I found great inspiration within her journey."
- **RJ Thesman, Author of the Reverend G Series**

ABOUT THE AUTHOR

Amy L. Bovaird is a dynamic author, speaker and educator. In her current release, **Seeking Solace: Finding Joy After Loss**, Amy shares her testimony of how God provided for her in times of deep loss and met her needs in surprising and, sometimes, even miraculous ways.

She blogs about her everyday adventures in vision loss while focusing on humor and positive, purposeful living to find joy.



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2545 West 26th Street
Erie, Pennsylvania 16506
www.sightcenternwpa.org
Ph: 814-455-0995

Press Release

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For more information please contact:

Amy Bovaird, local author

Cell: 814-431-4266, abovaird@verizon.net

Shannon Wohlford, Marketing Director – Sight Center

Cell: 814-440-5435, ShannonW@SightCenternwpa.org

Cane Confessions ***The Lighter Side of Mobility***

Erie, PA – On Tuesday, November 15th, local author Amy Bovaird will release her latest book, *Cane Confessions – The Lighter Side of Mobility*. Having learned to manage life with a visual impairment, Amy's book shares her personal experiences of daily triumphs and challenges maneuvering life with a visual impairment. Diagnosed with Retinitis Pigmentosa at the age of 28, Amy used her love of writing to explore her own feelings about vision loss and connect with others in similar situations. Using humor and personal stories, Amy's tales hope to inspire others to live an abundant, positive life!

The book release will be held on Tuesday, November 15th at LifeWorks Erie, 406 Peach Street from 6-8 pm. The event will feature several presenters, music, refreshments and more. Amy will have her book available for purchase and will personally sign copies that evening. The event is free and open to the public.

For more information, contact Amy Bovaird directly at 814-431-4266 or visit her website at www.amybovaird.com

The Sight Center of NW PA's mission is to prevent blindness and promote independent for those with vision loss. We are excited to support Amy Bovaird's efforts to educate our community about the day to day challenges experienced by those living with an eye disorder.